

LUNCH SALADS

O.T.R SALAD	\$9
Romaine, Chickpeas, Red Peppers, Onion, Feta, Tomato, Hearts Of Palm, Mixed Olives, Cucumber, White Wine Vinaigrette	
BABY ARUGULA & PEAR	\$10
Candied Walnuts, Goat Cheese, Dried Cherries, Toasted Pumpkin Seeds, Herb Balsamic Vinaigrette	
CHOPPED WEDGE	\$10
Iceberg Lettuce, Avocado, Corn, Bacon, Tomato, Blue Cheese, Everything Egg, Red Onion, Buttermilk Ranch	
CLASSIC CAESAR	\$9
Romaine Lettuce, Parmesan Cheese Crotons	
MANGO & BLACKENED CHICKEN	\$12
Mixed Greens, Mango, Corn, Avocado, Red Onion, Roasted Peppers, Toasted Pumpkin Seeds, Scallions, Feta, Honey-Lime Vinaigrette	
GRILLED ASIAN SHRIMP	\$13
Mixed Greens, Shaved Veggies, Cilantro, Tortilla Chips, Pineapple, Hearts Of Palm, Toasted Pumpkin Seeds, Avocado, Red Onion, Peanut Glaze, Honey Lime Vinaigrette	
SPINACH SALAD	\$10
Strawberries, Almonds, Onions, Gorgonzola, Avocado, Peanut Glaze, Honey Lime Vinaigrette	
LEMON DILL SALAD	\$10
Spinach, Cucumber, Tomato, Scallions, Almonds, Goat Cheese	

ADD: GRILLED CHICKEN \$5 SHRIMP \$6 SALMON \$7

LIGHT LUNCH

HUMMUS	\$7
Mixed Olives, Carrots, Roasted Tomato, Celery, Pita	
GRILLED VEGGIES	\$7
Balsamic Marinated Grilled Zucchini, Eggplant, Peppers, Tomato, Toasted Almonds, Pita	
ZUCCHINI PESTO & GRILLED CHICKEN	\$9
Zoodles, Pesto, Sautéed Tomato, Grilled Chicken, EVOO	
TUNA OR CHICKEN SALAD PLATTER	\$7
Coleslaw, Raw Veggies, Everything Egg, Slow Roasted Tomato	

SANDWICHES

\$8.50 FOR A HERO or A PANINI
\$6.50 ON A ROLL or WRAP

CREATE YOUR OWN SANDWICH	
Any Choice of Cold Cuts & Toppings	
ROAST BEEF REUBEN	
Homemade Roast Beef, Melted Swiss, Sauerkraut, Russian Dressing	
CLASSIC CHICKEN OR TUNA SALAD	
Romaine	
SPICY ITALIAN	
Spicy Sopressata Provolone, Roasted Tomato, Cherry Peppers, Baby Arugula, Aged Balsamic, Hot Honey	
CRISPY CHICKEN CUTLET	
Lettuce, Tomato, Sautéed Onions, Melted Cheddar, Garlic Aioli	
GRILLED CHICKEN CAPRESE	
Fresh Mozzarella, Tomato, Pesto, EVOO, Aged Balsamic	
POLLO PICANTE	
Chicken Cutlet, Cherry Peppers, Bacon, Avocado, Melted Muenster, Chipotle Aioli	
PROSCIUTTO & MOZZARELLA	
EVOO, Pesto, Aged Balsamic	
SMOKED TURKEY CLUB	
Bacon, Lettuce, Tomato, Garlic Aioli	
THE MIKE DEE	
Chicken Cutlet, Fresh Mozzarella, Roasted Peppers, Aged Balsamic, EVOO	
BBQ CHICKEN	
Grilled Chicken, BBQ Sauce, Bacon, White Cheddar	
BUFFALO CHICKEN	
Sautéed Onions & Peppers, Melted Swiss, Arugula, House Mayo	
ITALIAN COMBO	
Lettuce, Tomato, Provolone, Ham, Salami, Pepperoni	
AMERICAN COMBO	
Ham, Turkey, AC, Swiss, Lettuce, Tomato, Mayo	
YANKEE	
Chicken Cutlet, Jack Cheese, Bacon, Lettuce, Tomato, Mayo, Roast Beef	
PHILLY CHEESE STEAK	
Onions & Cheese	
THE PARK AVE	
Turkey, Bacon, Cheddar, Mayo	
CAJUN CLUB	
Grilled Chicken, Swiss, Bacon, Spinach, Chipotle	
MILANO	
Chicken Cutlet, Roasted Peppers, Fresh Mozzarella, Prosciutto, Balsamic	
SECOND AVE	
Roast Beef, Onion Rings, Horseradish Mayo	

WINGS .. DOGS .. BURGERS

6 WINGS	\$6
12 WINGS	\$12
18 WINGS	\$18

TERIYAKI, BBQ or BUFFALO

HOT SAUSAGE	\$4
HOT DOG	\$2
CHILI HOT DOG	\$3

ADD CHILI CHEESE or ONIONS \$0.50

BUILD YOUR OWN BURGER	\$7
------------------------------------	-----

Served With Up To 3 Toppings
Fries \$2.00

TOPPING CHOICES:

AMERICAN, SWISS, WHITE CHEDDAR, BACON, SOPRESSATA, EGG ANY STYLE, TOMATO, ONIONS, MUSHROOMS, AVOCADO, JALAPEÑO, ROMAINE, ARUGULA

BURRITO	\$9
Rice, Beans, Green Salsa, Pico De Gallo, Cheese, Sour Cream, Guacamole	

OPTION FOR CHICKEN, CHILI STEAK or VEGETABLES

QUESADILLA	\$9
Cheese, Pico De Gallo, Sour Cream, Beans, Side of Guacamole	

NACHOS	\$9
Cheese, Guacamole, Pico De Gallo, Jalapeños, Olives, Sour Cream	

BEEF EMPANADAS	\$6
Side of Salsa Verde	

NOW SERVING

WOOD & FIRE PIZZAS

CLASSICO & MARGHERITA	\$10
--	------

BREAKFAST

BODEGA B.E.C	\$5
Bacon, Egg, American Cheese, Avocado, Chipotle Aioli	
EGG BLT	\$5
Egg, Bacon, Lettuce, Tomato, Aioli	
SPICY A.M. ITALIAN	\$6
Spicy Sopressata, Over-Easy Egg, Arugula, Cherry Peppers, Provolone, Hot Honey	
V-EGG	\$6
Egg White Omelette, Sautéed Onions, Peppers, Baby Spinach, Melted Swiss	
TURKEY BACON & AVOCADO	\$6
Lettuce, Tomato, Over-Easy Egg, Avocado, Hot Sauce	
LIGHT START	\$6
Smoked Turkey, Avocado, Egg Whites, Hot Sauce, American Cheese	
PASTRAMI HASH & EGGS	\$6
Griddled Pastrami, Homefries, Scallions, Eggs Any Style	
CHOICE OF: KAISER ROLL, PRETZEL BUN, BAGEL. CROISSANT, OR WRAP	
BREAD + EGG + CHEESE	\$3
American, Cheddar, Or Swiss	
BREAD + EGG + CHEESE + MEAT	\$4
Bacon, Turkey Bacon, Sausage, Ham, Or Prosciutto	
HEALTHY CHOICE	\$5
Spinach, Tomatoes, Swiss, Turkey & Egg Whites	
CHOICE OF: KAISER ROLL, PRETZEL BUN, BAGEL. OR WRAP	
SILVER DOLLAR PANCAKES	\$5
Choice Of Plain, Blueberry, Cinnamon or Chocolate Chips	
FRENCH TOAST	\$5
Add Blueberries Or Strawberries + \$.50 Each	
2 EGGS ANY STYLE & BACON	\$5
Served With Toast	
Add Hash Browns or Homefries \$1.50	
OMELETTE	\$6
Choice Of Three Toppings: Bacon, Turkey Bacon, Ham, American, Cheddar, Baby Spinach, Onions, Mushrooms, Bell Peppers, Tomatoes	
AVOCADO TOAST	\$7
Whole Wheat Toast, Poached Eggs, Avocado, Bacon	

BREAKFAST SIDES ... \$3 EACH

HOME FRIES...HASH BROWNS...BACON...TURKEY BACON...SAUSAGE EGGS (2) ANY STYLE

O.T.R. JUICE AND SMOOTHIE BAR MENU ... \$7.5 EACH

JUICES

DETOX	
Spinach, Apple, Cucumber Ginger, Mint	
HEART BEET	
Beet, Apple, Carrot, Mint, Lime	
MEAN GREEN	
Spinach, Cucumber, Celery, Apple, Lemon, Ginger, Jalapeno	
HAWTHORNE HANGOVER	
Orange, Carrot, Beet, Lemon, Ginger	

SMOOTHIES

**CHOICE OF: MILK, SOY MILK, ALMOND MILK
ADD VANILLA WHEY \$1.50**

STRAW-NANA	
Strawberry, Banana	
TROPICAL BERRY	
Blueberry, Strawberry, Mango, Pineapple	
ESPRESSO MONKEY	
Banana, Espresso, Almonds, Vanilla Bean	
POWER OATS	
Oatmeal, Banana, Peanut Butter, Honey, Cinnamon	

SOUP ... SMALL \$5 LARGE \$8.5

SOUP OF THE DAY
ORGANIC CHICKEN AND VEGETABLE
CHILLI



OFF THE RAIL

BREAKFAST LUNCH SMOOTHIES CATERING

389 Elwood Ave. Hawthorne, NY 10532

(914) 495-3944

Business Hours

Monday - Friday 5:30am - 3pm

Saturday / Sunday 7am - 2pm

 [_offtherail_](#)

www.offtherail.us

email: Mike@offtherail.us

FREE DELIVERY

CATERINGS FOR ALL EVENTS

1 DAY NOTICE ON ALL HEROS BY THE FOOT